

Redlands United Football Club

Established 1918



***RESOURCE BOOKLET
2012***

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Presidents Welcome Message

Welcome to the 2012 season, we hope you all had a great break and are ready and raring to go for another year.

While many of you have been away pursuing other sports and interests we have had a change of committee and welcome aboard Daryl Stout as Treasurer and Scott Prickett as Junior Chairman. Keith Cecil has changed roles and is now Vice President and he will assist Scott in finding his feet. Liz Austin has taken a non committee role as Club Registrar and will oversee all registrations and Results Vault.

We are encouraging each chairman to have a sub committee to assist with the workload so if you are able to volunteer some time during the year please contact the relevant chair or the club secretary, Fiona.

I would like to take this opportunity to thank all of our current volunteers (committee included) and all of our future volunteers because without you we could not run this wonderful club of ours.

On the field news

In the off season we have been busy preparing for the future putting together an application for the new Premier Club Competition in 2013. If successful this will mean lots of hard work behind the scenes but hopefully it will produce some entertaining and quality football on the field.

Late last year Football Brisbane announced Redlands United would be a part of the new Diamond and Sapphire league replacing the old Premier League Women's competition. We are looking forward to more quality football from our ladies so try and get down to the club sometime and watch some of their games through the season.

We also welcome back our Tiny Tots/Squirts program for the under fives as well as our SSF teams U6 to U11 and the junior boys and girls including the JPL boys in competitions from U12 to U17. The juniors certainly set some high bench marks last year with Premierships and Grand Final wins so I'm sure every team will be striving to match this as well as having fun.

Redlands would like to introduce our second full time coach Matt Chandler. Matt and his family have moved from NZ to join our team and we welcome them to Redlands United and Australia.

Matt has coached at the highest levels in USA, New Zealand national league and in the UK with such teams as Wigan and Reading FC.

Matt's credentials include UEFA A level coaching license and UEFA Goalkeeping license. He has coached at national and world cup development team levels and his experience and wealth of knowledge will bring to Redlands a new enthusiasm and

vision to our club in developing not only a top class premier squad but developing all of the talented youth who wish to progress onto a potential professional career. Matt in his full time position will not only be head coach of the premier league side but also oversee the development of the reserve and premier youth teams. His commitment to developing young players has seen many of his players go on to represent at national and professional levels.

With Matt and Graham working hard we are sure you will see the club go from strength to strength over the next few years.

Around the Grounds

Most of you will have already experienced our new lighting system which is in place thanks to grants from the State Government and Redland City Council. We have also received additional funding for some smaller projects around the grounds:

- a new shed for all of our ground equipment
- an electronic scoreboard
- covers for some of our grandstands
- finally what was to be a deck in front of the clubhouse (red tape and cost blow outs) will now be a raised grassed viewing area.

You will be able to sit back and enjoy a bite to eat and a drink while enjoying a great view of the game.

We hope you enjoy the season ahead and if you have any problems, ideas or comments please don't hesitate to see us.

Brett Austin

President

Redlands United Football Club Inc.

Contact Details

Redlands United Football Club

Cleveland Showground Complex, behind the Cleveland State High School
Waterloo St (off Russell St)
Cleveland QLD 4163.

PO Box 496
Cleveland QLD 4163
PH 38212831
Fax 38210411

Web – www.redlandsunited.com.au



Club Management Committee 2011

| | | |
|---|----------------|--|
| President | Brett Austin | president@redlandsunited.com.au 0410097407 |
| Vice President | Keith Cecil | vicepresident@redlandsunited.com.au 0410 097 405 |
| Treasurer | Darryl Stout | accounts@redlandunited.com.au |
| Senior Chairperson Premier Men/Youth | Brett Austin | seniors@redlandsunited.com.au 0410097407 |
| Junior Chairperson | Scott Prickett | junior@redlandsunited.com.au |
| Small Sided Football Chairperson | Ian Hill | ssfchairperson@redlandsunited.com.au 0408751064 |
| Sponsorship | MikaelTakamaa | Sponsorship@redlandsunited.com.au |
| Secretary | Fiona Cecil | secretary@redlandsunited.com.au 0410 097 406 |

Sub Committees

| | | |
|--|-------------------------------|--|
| Women's Football-Senior Ladies | | |
| JPL Co-ordinator | Keith Cecil | jplcoordinator@redlandsunited.com.au 0410 097 405 |
| Junior Football Coordinator | Geoff Northcott | jfc@redlandsunited.com.au |
| Small Sided Football Coordinator U6 -8 | | ssfco-ordinat6-8@redlandsunited.com.au |
| Small Sided Football Coordinator U9 -11 | Sonya Barnett | ssfco-ordinat9-11@redlandsunited.com.au |
| Small Sided Referee Co- ordinator | Geoff and Tracey Northcott | ssfreferees@redlandsunited.com.au |

| SSF Registrars | | |
|-------------------------------------|-------------------------------|--|
| Tiny Tots | Sue Evans/Robyn Hodges | tinytots@redlandsunited.com.au |
| U6 Registrar | Sue Evans/Robyn Hodges | under6@redlandsunited.com.au |
| U7 Registrar | | under7@redlandsunited.com.au |
| U8 Registrar | Donna Welsh | under8@redlandsunited.com.au |
| U9 Registrar | Sarah Holmes | under9@redlandsunited.com.au |
| U10 Registrar | Sonya Barnett | under10@redlandsunited.com.au |
| U11 Registrar | Sonya Barnett | under11@redlandsunited.com.au |
| Junior Divisional Registrars | | |
| U12 Registrar | | under12@redlandsunited.com.au |
| U13 Registrar | Kylie Smith | under13@redlandsunited.com.au |
| U14 & 15 Registrar | Bev Wilkinson- Reed | under14@redlandsunited.com.au under15@redlandsunited.com.au |
| U17 Registrar | Mirella O'Connor | Under17@redlandsunited.com.au |
| Junior Girls | Deb Fox | jnrgirls@redlandsunited.com.au |
| Club Registrar | Liz austin | clubregistrar@redlandsunited.com.au |

Club Addresses

| CLUB | VENUE | St ADDRESS | SUBURB | MAP | REF |
|---------------------------------|-----------------------------------|--------------------------------|-----------------|------------|------------|
| ACCarina | <i>Brisbane Abruzzo Club</i> | 150 Fursden Rd | Carina | 161 | P18 |
| Acacia Ridge | <i>Ron Proud Field</i> | 174 Mortimer Rd | Acacia Ridge | 199 | M19 |
| Albany Creek | <i>Wolter Park</i> | Jacaranda Dr | Albany Creek | 108 | M16 |
| | <i>South PineSporting Complex</i> | South Pine Rd | Brendale | 108 | G11 |
| Annerley | <i>Elder Oval</i> | Cnr Ridge St & Barnsdale Place | Greenslopes | 180 | E8 |
| Annerley Juniors | <i>Thompson Estate Reserve</i> | 98 Victoria Terrace | Greenslopes | 180 | E7 |
| Bardon Latrobe | <i>Bowman Park</i> | David Ave | Bardon | 158 | L6 |
| Bayside United | <i>Don Randall Oval</i> | 34 Andrew St | Lota | 163 | P12 |
| Beenleigh | <i>Chris Green Park</i> | Cnr Logan & Boundary Sts | Beenleigh | 264 | A17 |
| Bethania Rams | <i>Opperman Park</i> | Federation Dr | Bethania | 262 | P5 |
| Brisbane Athletic Football Club | <i>Murray St Reserve</i> | Murray St | Wilston | 139 | L18 |
| | <i>Pinkenba Reserve</i> | Main Myrtle town Rd | Pinkenba | 142 | 7 |
| Brighton Districts | <i>Wake5ield Park</i> | Wickham St | Brighton | 100 | H17 |
| Brisbane City | <i>Spencer Park</i> | 42 Newbery St | Newmarket | 139 | 118 |
| Brisbane Force | <i>CJGreen5ield Reserve</i> | 315 Freeman Rd | Richlands | 198 | 0 |
| Brisbane Olympic | <i>Goodwin Park</i> | Cansdale St | Yeronga | 179 | J8 |
| Brisbane Strikers | <i>Perry Park</i> | 95 Abbotsford Rd | Bowen Hills | 140 | D19 |
| | <i>O'Callaghan Park</i> | Jennings St | Zillmere | 120 | D3 |
| Brisbane Wolves | <i>Carmichael Park</i> | 175 Boundary St | Tingalpa | 162 | 0 |
| Capalaba | <i>John Fredericks Park</i> | Old Cleveland Rd | Capalaba | 184 | B14 |
| Centenary Stormers | <i>Atthows Park</i> | Westcombe St | Darra | 197 | P11 |
| Clairvaux | <i>ClairvauxMacKillop College</i> | Klumpp Rd | Upper MtGravatt | 201 | B18 |
| Colleges United | <i>Mount Crosby Showgrounds</i> | Allawah Rd, Chuwar | Mount Crosby | 194 | C2 |
| Dayboro | <i>Dayboro Showgrounds</i> | Mount Mee Rd | Dayboro | 65 | Q14 |

| CLUB | VENUE | St ADDRESS | SUBURB | MAP | REF |
|-----------------------|-------------------------------------|-------------------------------|----------------|------------|------------|
| Deception Bay | <i>Progress Park</i> | 35 Old Bay Rd | Deception Bay | 79 | L3 |
| Eastern Suburbs | <i>Heath Park</i> | 48 Hilton St | East Brisbane | 24 | A 10 |
| Grange Thistle | <i>Lanham Park</i> | Prince St | Grange | 139 | M10 |
| Greenbank | <i>BarryWhite field</i> | Cnr Sheppard & Middle Rds | Greenbank | 278 | P2 |
| Holland Park Hawks | <i>Whites Hill Reserve</i> | Boundary Rd | Camp Hill | 181 | B8 |
| Ipswich City | <i>Sutton Park</i> | Cnr Workshops & Hunter Sts | Brassall | 212 | Q8 |
| Ipswich Knights | <i>Eric Evans Oval</i> | 254 Brisbane Rd | Bundamba | 214 | f14 |
| | <i>Stan McCrea fields</i> | Brisbane Rd | Ebbw Vale | 214 | P11 |
| Jimboomba | <i>Kurrajong Park</i> | 94 Kurrajong Rd | Jimboomba | 302 | H19 |
| John Paul College | <i>Cec Munns Centre</i> | John Paul College Dr | Daisy Hill | 242 | Q5 |
| Kangaroo Point Rovers | <i>Raymond Park</i> | Cnr Baines St & Wellington Rd | Kangaroo Point | 23 | G12 |
| Kenmore Lions | <i>Cubberla Creek Reserve</i> | 38 Hepworth St | Chapel Hill | 178 | B11 |
| Kingsridge | <i>GouldA dams Park</i> | Kingston Rd | Kingston | 242 | C17 |
| Logan City Kings | <i>Mark Mappas Oval</i> | Meakin Park, Soccer Dr | Slacks Creek | 242 | K11 |
| Logan Village | <i>BigRiver Country Park</i> | Steele Rd | Logan Village | 303 | K6 |
| Loganholme | <i>Cornubia Park</i> | 146 Bryants Rd | Loganholme | 243 | P18 |
| Mitchelton | <i>Teralba Park</i> | Osborne Rd | Mitchelton | 138 | M3 |
| Moggill Football Club | <i>Bellbowrie Sports Club</i> | Sugarwood St | Bellbowrie | 196 | J13 |
| Mooroonda | <i>William Taylor Sports fields</i> | Mooroonda Rd | Thorneside | 164 | 0 |
| Mount Gravatt Hawks | <i>Dittmer Park</i> | Klumpp Rd | Mt Gravatt | 201 | C7 |
| Narangba United | <i>Narangaba Sporting Complex</i> | Harris A venue | Narangba | 67 | P19 |
| | <i>Narangaba Sports Reserve</i> | Williamina Court | Narangba | 77 | J7 |
| New Farm United | <i>New farm Park</i> | Cnr Sydney & Brunswick Sts | New farm | 23 | P1 |
| Newmarket | <i>McCook Park</i> | Badger St | Newmarket | 139 | J17 |
| North Pine | <i>Bob BrockPark</i> | Marsden Rd | Dakabin | 88 | M6 |
| Oxley United | <i>Dunlop Park</i> | Oxley Rd | Corinda | 198 | N5 |
| Park Ridge | <i>Hubner Park</i> | Hubner Rd | Park Ridge | 260 | L16 |
| Peninsula Power | <i>A JKelly field</i> | George St | Kippa Ring | 91 | K5 |
| | <i>HA Dalton Park</i> | Maine Rd | Clontarf | 91 | H15 |

| CLUB | VENUE | St ADDRESS | SUBURB | MAP | REF |
|---------------------------|----------------------------------|------------------------------|---------------|------------|------------|
| Pine Hills | <i>James Drysdale Reserve</i> | Jinker Track | Bunya | 117 | Q11 |
| Pine Rivers | <i>WendyAllison Park</i> | Samsonvale Rd | Strathpine | 98 | J15 |
| Queensland Lions | <i>Luxury Paints Stadium</i> | 133 Pine Rd | Richlands | 217 | R6 |
| | <i>Darra Reserve</i> | Archerfield Rd | Darra | 198 | B18 |
| Redcliffe PCYC | <i>Talobilla Park</i> | Klingner Rd | Kippa Ring | 81 | J20 |
| Redlands United | <i>Cleveland Showgrounds</i> | Waterloo St | Cleveland | 185 | M19 |
| Regents Park | <i>Hyde Park</i> | Vansittart Rd | Regents Park | 240 | 0 |
| Ridge Hills | <i>Stanley Day Park</i> | Grand St | Bald Hills | 109 | K5 |
| Rochedale Rovers | <i>Underwood Park</i> | Underwood Rd | Rochedale | 222 | Q9 |
| Rocklea United | <i>Croatian Sports Centre</i> | 164 Dunn Rd | Rocklea | 199 | 7 |
| Samford Rangers | <i>Harold Brown Park</i> | 23 Richards Rd | Samford | 106 | G19 |
| Sandgate Saints | <i>Sandgate PCYC</i> | 106 Kempster Rd | Sandgate | 110 | K5 |
| Sheldon College | <i>Sheldon College Oval</i> | Taylor Rd (Enter via Gate 3) | Sheldon | 204 | R17 |
| Slacks Creek | <i>Usher Park</i> | Rose St | Daisy Hill | 243 | B8 |
| Souths United | <i>Wakerley Park</i> | Cnr Dew St & Nathan Rd | Runcorn | 220 | R5 |
| Southside Eagles | <i>Memorial Park</i> | Oxford St | Bulimba | 20 | D7 |
| Taringa Rovers | <i>Jack Speare Park</i> | Cnr Fairley St & Lambert Rd | Indooroopilly | 178 | N5 |
| Tarragindi Tigers | | Esher St | Wellers Hill | 180 | G13 |
| | <i>Holland Park High</i> | Bapaume Rd | Holland Park | 180 | M19 |
| Teviot Downs | <i>Sports Field</i> | Argyle Rd | Greenbank | 278 | E5 |
| The Gap Pastime | <i>Walton Bridge Reserve</i> | 25 Glen Affric St | The Gap | 158 | B1 |
| Toowong | <i>Dunmore Park</i> | Cnr Lang Parade and Roy St | Auchenflower | 159 | D13 |
| Toowoomba Raiders - Men | <i>Clive Berghoffer Stadium</i> | Cnr Mary & Arthur Sts | Toowoomba | | |
| Toowoomba Raiders - Women | <i>Willowburn Soccer Grounds</i> | Myall St | Toowoomba | | |
| University of Queensland | <i>Oval3, Uni Campus</i> | Sir William Macgregor Dr | St Lucia | 351 | L7 |
| Virginia United | <i>AlbertBishopPark</i> | 574 Nudgee Rd | Nundah | 141 | A3 |
| Western Spirit | <i>Kippen Park</i> | Enid St | Goodna | 216 | Q15 |
| | <i>Camira Recreation Reserve</i> | Dale Rd | Camira | 237 | G6 |
| Westside Sports | <i>Grovely Sports Ground</i> | Hanran St | Grovely | 138 | D2 |

Club Gear Shop

Our Club gear shop carries a range of items required to play and support football at Redlands United Football Club. We have shorts, socks, shin pads, jackets for those cold months, hats and kit bags to name a few.

Opening hours vary at the start of the season and these times will be posted on the door and the website. Once the season gets under way we will endeavour to have the shop open Monday, Thursday, and Fridays from 5 to 7pm and Saturday mornings from 8 am to 12pm. Cash and EFTPOS is available for all gear shop purchases

Team training gear should be ordered through the gear shop. We do use a preferred supplier who has extensive knowledge of the requirements of Football QLD licensing program. We are able to offer very competitive prices.

Please see a member of the committee for more information or contact the Secretary on 3821 2831 or 0410 0097 406.

Due to Football QLD Rules and Regulations all playing apparel worn on the field must have the Q Logo or official Football QLD supplier and these are only available from the gear shop, the club may receive a large fine for any player not conforming to this rule.

Sponsorship

RUFC has many levels of sponsorship packages available to suit any business needs, whether it is a single team sponsorship, full club sponsorship, or even a donation of prizes for our monster raffle. As one of the largest clubs in QLD, your business will receive plenty of exposure for your investment. You may have a proposal we haven't even thought of yet! We are always open to any new ideas to raise revenue for our club, so please feel free to contact our club Sponsorship Co-ordinator Mikael Takamaa on sponsorship@redlandsunited.com.au or 0408 644 323.

Assisting Your Club

There are many things that every player and parent can do to help out the club. Remember the club exists for you and your children. We understand that life is hectic but from Tiny Tot Footballers through to senior players, everyone benefits from your input. You don't have to serve on a committee or coach a team there are plenty of things that go on in the background. You can be a club sponsor for a minimal amount of money or you may be a tradesman with a trade we could utilise or you may be able to supply prizes for raffles. Each team is asked to supply one or two volunteers twice through the season to help out in the canteen and your manager will be contacted with the team's rostered day. There are often jobs around the club that need doing and we may ask for assistance with them, if you are able to

help don't be shy just let us know. All of these little things help with the every day running of your club. Please contact a member of the management committee to lend your support.

Summer Six-a-side

Held during the last term of school, the club runs a six-a-side competition. Played on Friday nights at home every week it caters for all age groups (depending on team numbers). It usually starts the first Friday in October and runs for nine weeks. It offers everyone a great chance to keep fit, improve skills, and socialize together. Anyone can start a team by getting a few friends together. You don't have to be a Redlands player to play but numbers are limited. If you are interested and want further information contact the club secretary.

Squirts Program - Tiny Tots Football **Aged 3 1/2 to 5 years**

The sessions are on Saturday mornings from 8.30 to 9.30 am.

- Each session will consist of approximately 20 mins training and a game of 15-minute halves
- All children must wear shin pads and are encouraged to wear boots and bring along a size 3 ball
- The purchase of club shorts and socks is optional but red shorts and socks are the club colours
- We encourage parent involvement especially as each group requires a Team Leader (coach)

Season starts Saturday 3rd March 2011 for 22 weeks

Small Sided Football Under 6 to Under 11

Optus Small Sided Football (OSSF) – Player Age Rules

There have been changes incorporated into the Football Brisbane Rules of Participation for 2012.

Players must be turning 5 by the end of the calendar year in which they wish to register. This replaces the previous requirement for players to have attained the age of 5 years before registering enabling those players to play in the Under 6 competition.

Players must where ever possible play in their designated age group as determined by date of birth, and wherever numbers permit and they must be registered in accordance with current FFA and Football Brisbane regulations

In Optus Small Sided Football (OSSF), no player will be permitted to play outside of the designated Age Group Formats. Age groupings must be (U6 & U7), (U8 & U9) and (U10 & U11) only. Where combined age groups are required for insufficient playing numbers, these combined age levels must not conflict with current OSSF playing formats.

It is Redlands United Football Club Policy that players should participate in their own age group and under no circumstances should playing your child up an age group be considered as a development strategy. Redlands United Football Club understands that there will be times when a parent will want their child to play up and the club will assess each case on its merits.

Prior to competing out of the correct age group, a PA01 must be completed by a player's parent or guardian.

Players allowed to play up in under 9, 10 or 11's will **NOT** be eligible to play in the Komodo Dragons division

The full details relating to the Age Group Formats and Player Age Rules can be found in the Football Brisbane Rules of Participation(Small Sided Football - Under 6 - 11) 2012 located on the Redlands United Football Club website.

SSF Team Structure

The Under 9, 10 and 11 age groups consist of three participation groupings, Geckos, Goannas and Komodo Dragons.

Team skill levels are defined as per Football Brisbane rules of competition and set out below.

Gecko Teams:

Include players who are new to SSF or have basic skills of the game and as such require assistance and time to develop their skills and teamwork. Players will be placed in teams within this group, and will be of equal standard where possible.

Goanna Teams:

Include players of average and above average skills, who have played the sport previously, know the rules and how to play as a team, and are able to engage in matches with minimal instruction from their coach. Players will be placed in teams within this group and will be of equal standard where possible. Goannas is a strong competition.

NOTE: Not all above average players will play in a Komodo Dragon team for a number of reasons including personal choice, wishing to remain with their team and the limited availability within the Komodo Dragons.

Komodo Dragon Teams:

These teams will include players who have *above average skills*. Matches are usually played with more speed, skill and tactics. Players within this group are usually required to attend most carnivals and extra training if available

Trials for U9, U10 & U11 Komodo Dragon Teams

These trials will be ONLY for players previously selected for the end of 2011 season trials and players new to Redlands in 2012

All players must have current registration to trial.

Under 9

Session 1 -Monday 13th February 2012

Session 2 -Monday 20th February 2012

Under 10

Session 1 -Tuesday 14th February 2012

Session 2 - Tuesday 21th February 2012

Under 11

Session 1 -Wednesday 15th February 2012

Session 2 - Wednesday 22th February 2012

All trials will be from 4.30 to 5.30

The final teams will be posted at welcome day

Small Sided Football
Welcome Morning

Under 6, 7 and 8's will be Saturday 25th February 2012

| | |
|----|------|
| U6 | 9am |
| U7 | 10am |
| U8 | 11am |

Under 9, 10 and 11's will be Saturday 3rd March 2012

| | |
|-----|------|
| U9 | 10am |
| U10 | 11am |
| U11 | 12pm |

All parents and children are encouraged to attend. This where players will be advised what team they will be in and it is a chance for teams to meet and get to know each other a little before training commences. It is also an opportunity to re arrange teams if necessary, recruit coaches and managers if the teams don't have one and for the Club to pass along important information.

Training and playing kits will also be handed out at this time.

First Training Dates

Under 6, 7, 8 Monday February 27th @ 5pm

Under 9, 10, 11 Monday March 5th @ 6pm

Unless otherwise arranged by your coach. Please confirm at the Welcome Day

Games Commence

Under 6, 7, 8 Friday 9th March 2012 and run for 22 weeks

Fixtures will be available at the welcome morning.

Under 9, 10 & 11 Season starts Sat 14 April 2012

Junior Football (U12 – U17)

Building on what had been a fantastic 2010, it was again a hugely successful 2011 for our divisional boys and girls teams. Of our 21 teams (U12-U16) competing in the various Football Brisbane competitions we had 6 premiership winning teams, 14 teams featuring in the final series, 10 progressing through to the grand finals and 6 teams winning their Grand Finals. As a result of the placing of our U12 Division 1, U13 Division 1 and Under 16 B JL teams in the 2011 competition Redlands United Football Club will have teams in the 2012 Brisbane Junior League (B JL) competition in the U13 & U17 and possibly the U14 age groups. We look forward to an encouraging and exciting 2012 season.

2012 also see change in our Junior Chairman, after 5 years involvement in the Junior Chairman / Coordinator roles Keith Cecil has stepped up to the Vice President position, with Scott Prickett taking up the challenge of looking after all our junior teams. Scott's enthusiasm and passion for the game, coupled with working with our new DOF Matt Chandler and Junior Development Coach Graham Fyfe will only bring great benefits to all our junior players. Scott will be gratefully assisted by Geoff Northcott who as put his hand up to help out in a coordinator role.

The appointment of Matt Chandler (*UEFA 'A' Advanced Coaching Licence*) as Director of Football, is exciting news for Redlands United. Matt has coached professionally in the UK, USA and more recently in the ASB Premiership (NZ National League). Matt will be running several coach education programs developed in line with the FFA National Curriculum during the season to help all levels of coaching, so keep an eye out for when they are on. As an experienced coach educator, Matt's vast knowledge, his ability to influence and motivate people will be an asset to all RUFC players and team coaches. To all our volunteer coaches if you need a hand with any training drills or if you would like to get some help especially if this is your first time at coaching please let us know and we will have someone help you or visit the Coaches Corner of our website. Again the senior players from the Premier League side will be available to assist in training sessions.

Graham Fyfe continues in the role of Youth Development Coach and together with Matt Chandler will be conducting both junior and small sided football development programs throughout the year. These programs have been developed in line with the FFA National Curriculum and will assist players with their skills training, fundamental technique and game play.

We will post all information relating to coach and player development programs on our website www.redlandsunited.com.au

Junior Premier League

Redlands United Football Club is one of five Brisbane based clubs to be re-selected to represent Football Brisbane in the 2012 Junior Premier League (JPL) competition in the U12, U13, U14, U15 and U16 age groups. The Football Queensland JPL competition aims to provide elite players the opportunity to play at the highest possible level, playing the best players from other representative teams from Brisbane, Gold Coast, Sunshine Coast, Northern NSW and South West Queensland and to be considered for selection into the State Representative Squads and the Queensland Academy of Sport (QAS). Under the guidance of Football Queensland's State Technical Director, Regional Development Officer and PTDO's the club's development program aims to fully integrate the Football Federation Australia's National Curriculum, playing the 1:4:3:3 system and providing the players the best possible development opportunity.

2011 Rebel Sport Junior Premier League (RSJPL) Achievements

Liam Cosgrove, Lachlan Weier and Keegan Field – SAP (U12) and from this Liam Cosgrove has been selected into the Skilleroo's Program

Jayden Prasad, Jarrod Vllanderen & Lachlan Gorry were selected to attend trials for the U14 Queensland State Team, with Lachlan Gorry being named as a shadow player U14 Queensland Metro team.

Nick Cecil, Joshua Grommen and Anthony Sewell were all invited to attend U15 State Development Camp. From this camp Joshua Grommen was asked to trial for and gained entry into the QAS.

Juniors - Under 12 to Under 17

Player Age Policy – Divisional Players (Boys and Girls U12 – U17)

There have been significant changes to the age requirements for junior players written into the Football Brisbane Rules of Competition (ROC) for the 2012 season.

Boys

Players, playing in all BJJ and Division 1 competitions, must attain the appropriate age for the competition they wish to play in during the Year of Competition. Players will not be permitted to play up into these competitions unless they qualify for and have been granted "Exceptional Circumstances" status.

In Division 2 and below, players are permitted to play one year up into these competitions, subject to the 'composite team' rules and with parental/guardian approval.

Girls

Football Brisbane recognises that, because of numbers, the “girls only” competition requires special consideration. Accordingly there are minor variations to the age requirements/restrictions for “girls only” competitions.

U17

As for boys, although girls may play one year up into this competition, with parental/guardian consent and upon application to, and approval from Football Brisbane. Football Brisbane’s decision on all applications will be final.

U12 to U15 inclusive

Girls may play one year up into these competitions with parental/guardian approval.

GRADING

Divisional Players (Boys and Girls U12 - U17)

At Redlands United, players are not graded until they are in the under 12’s age group. This follows policy that all Small Sided Football competitions U6 - U11 are non-competitive.

All players are assessed by the Director of Football, Junior Development Officer and a group of qualified coaches. The players are graded into teams according to their skill levels. This is to ensure all players participating principally for fun and fitness are placed in a division appropriate to their skill level so that they can compete on equal terms, and at the same time provide a level competition for players who wish to take their participation in football more competitively. Player positions are only a minor factor in grading, as players are not usually settled into a position until around 14 years of age.

Players are graded on a yearly basis to give every opportunity for players to move either up or down the divisions depending on the speed of their maturity and development as a football player. Player positions are not affected by their grading from the previous year. No positions are pre-approved and selections are based on not only ability, but also on attitude to the game and other players. A panel will nominate the divisions on the basis of the overall skill level of each team

Squads will be posted as soon as practical after grading is completed and training will begin as soon as a coach is appointed to the team.

ALL requests for regrading must be in writing and addressed to the Junior Chairman, as outlined in the Redlands United Football Club Grievance Policy (2010). All applications will be reviewed by the Grading Committee and the final outcome determined by the Director of Football. All decisions made by the Director of Football will be final.

The 2012 Grading process will follow a similar format to that from 2011. Players will initially be placed in groups based on their divisional teams from the previous year. There will be an emphasis on game scenarios for the players. We will also endeavour to play a number of internal games against the different divisional sides and a facilitate games against other clubs for all teams. All appointed coaches at the time of grading will be involved in the 2012 grading process and we will also incorporate opinions of coaches from 2011, although a coach is not allowed to grade their own child.

The grading process will follow the format below;

Session 1 - Small Sided Games (all age groups)

Session 2 – Age Appropriate Games (all age groups)

Session 3 – U12 only (other age groups as required) Age appropriate games

Grading begins Monday the 13th February and runs over a 2 week period, with additional dates set aside for re-scheduling if required. Initial squads will be put together and training and pre season friendlies will be played to further assist in finalising teams for the 2012 season. Players may move between squads during this period. It is endeavoured that teams will be finalised 2-3 weeks prior to the start of the Football Brisbane competition in April

All players must report to the undercover area at least 15 minutes before taking to the field for grading. All players must wear appropriate football boots, shin pads and also have a minimum of two water bottles. Players should endeavour to attend all sessions to give themselves every opportunity to be graded fairly. Players who do not attend grading sessions or arrive at the club after grading is completed will be assigned to a team at the discretion of the Director of Football and the Grading Committee.

PLEASE NOTE: Only registered players will be eligible to grade

GRADING TIMES – BOYS DIVISIONAL TEAMS

U12 – Monday 13th, 20th and 27th February – 5:30pm – 7:00pm

U13 – Tuesday 14th and 21st February – 5:30pm – 7:00pm

U14 – Wednesday 15th and 22nd February – 5:30pm – 7:00pm

U15 – Thursday 16th and 23rd February – 5:30pm – 7:00pm

U17 – Sunday 19th February 9:30am – 11:00am

Friday 24th February – 5:30pm – 7:00pm

The 28th and 29th February & 1st and 2nd March have been set aside as make up days if additional sessions are needed and/or in the event of wet weather.

GRADING TIMES * – GIRLS DIVISIONAL TEAMS

U12G-U13G – Tuesday 14th and 21st **February – 5.30pm – 7.00pm

U14G – Wednesday 15th and 22nd ** February – 5:30pm – 7:00pm

U15G – Thursday 16th and 23rd ** February– 5:30pm – 7:00pm

U17G * (2nd team) – To Be Advised (based on registered numbers)

* Grading times may be altered based on registered numbers.

** Grading of girls teams will be based on the registered numbers in each age group in conjunction with the Football Brisbane Rules of Competition and in relation to player age policy. The second scheduled grading session may therefore not be required and teams may be formed on this basis.

Playing Equipment

Under our Duty of Care policy all players **must wear shin pads, boots and bring a water bottle to all training sessions and games.** Any player not wearing shin pads and boots will not be allowed to play or train.

All players are required to bring their own ball for training

| | | |
|-----------|----------------------|--------|
| Tiny Tots | U6 to U9 | Size 3 |
| | Under 10 to Under 13 | Size 4 |
| | Under 14 to Under 17 | Size 5 |

Boots must have moulded studs NOT screw in studs.

Club shorts must have the Q logo on them.

Club socks must have the Q logo or authorised suppliers name on them.

During games players must only wear brands of clothing approved by Football QLD. Representatives may turn up at anytime to check teams are wearing the correct clothing and failure to comply may result in the club being fined.

Length of Games

Under 6 – 8 Small Sided Football Matches

| | |
|-----------|--|
| Under 6's | 15 minutes each way with 4 players on the field, no goalkeeper |
| Under 7's | 15 minutes each way with 4 players on the field, no goalkeeper |
| Under 8's | 20 minutes each way with 7 players on the field including a goalkeeper |

Under 9, 10 and 11 Small Sided Football Matches

| | |
|------------|--|
| Under 9's | 20 minutes each way with 7 players on the field including a goalkeeper |
| Under 10's | 25 minutes each way with 9 players on the field including a goalkeeper |
| Under 11's | 25 minutes each way with 9 players on the field including a goalkeeper |

Under 12 – 17 Divisional Games

| | |
|------------|--|
| Under 12's | 25 minutes each way with 5 minute interval at half time |
| Under 13's | 30 minutes each way with 5 minute interval at half time |
| Under 14's | 35 minutes each way with 5 minute interval at half time |
| Under 15's | 40 minutes each way with 5 minute interval at half time |
| Under 16 | 45 minutes each way with 10 minute interval at half time |
| Under 17 | 45 minutes each way with 10 minute interval at half time |

Match Fees For 2012

Every junior player at each game pays the following match fees

| | | | | | | | |
|---------|------|----------|------|----------|-------|----------|------|
| Under 6 | \$ 6 | Under 9 | \$ 8 | Under 12 | \$ 9 | Under 15 | \$10 |
| Under 7 | \$ 6 | Under 10 | \$ 8 | Under 13 | \$ 9 | Under 17 | \$11 |
| Under 8 | \$ 7 | Under 11 | \$ 8 | Under 14 | \$ 10 | | |

| | | | | | |
|--------------|------|--------------|------|--------------|------|
| Under 13 BJL | \$10 | Under 14 BJL | \$11 | Under 17 BJL | \$12 |
| | | Under 15 BJL | \$11 | | |

| | | | | | |
|--------------|------|--------------|------|--------------|------|
| Under 12 JPL | \$10 | Under 13 JPL | \$11 | Under 15 JPL | \$12 |
| | | Under 14 JPL | \$11 | Under 16 JPL | \$12 |

REDLANDS FOOTBALL ACADEMIES

There are now four academy opportunities that we provide to players at RUFC

Little Devils Academy 3-6

Junior academy 7-12

Elite Football Academy 12-14 /15-17

GK development/Elite program

Academies Commencement Dates:

- Term 1 6th March to 27th March 4 weeks
- Term 2 17th April to 19th June 10 weeks
- Term 3 10th July to 18th September 11 weeks
- Term 4 9th October to 27th November 8 weeks

The focus is on age specific and player level specific technical and tactical training. Our mission is to develop all our players' levels to enhance our playing levels and support the player pathway to the senior club.

Introducing SAQ work for all players

S-Speed, A-Agility, Q-Quickness

SAQ is used to develop and improve all players motor skills with and without a ball by fine tuning individual balance and core strength.

Qualified licenced coaches :

Matt Chandler – Director of Football

Graham Fyfe - Head Coach of Academies

Kris Elliseos – Coach of Little Devils

LITTLE DEVILS ACADEMY– AGES 3 TO 6

- 1hour Session consisting of 15mins of SAQ or fun warm up games
- 45mins of fun football based games and activities
- Participants to bring water, shinpads and boots
- Times 5.00 to 6.00pm
- Tuesdays
- Discount pay by term – free session

JUNIOR ACADEMY AGES 7 – 12

- 1/ 15 hour Session consisting of 15mins of SAQ or fun warm up games
- 60mins of skill and game development
- Players to bring water, shinpads and boots
- Times 5.00 to 6.15pm
- Tuesdays
- Discount pay by term – free session

SCHOOL HOLIDAY FOOTBALL CAMPS

- 12 hours coaching
- Team Games
- Fun activities
- Participation Certificate
- Goody Bag
- Fruit water sunscreen provided
- Dates TBA on the www.redlandsunited.com.au

Redlands United Elite Football Academy

Conducting a four corner model of development

In the 12/13/14 age grade we must continue **technical development** with repetition and progression. No game play will work if techniques are not perfected - they go hand in hand but technique comes first.

Our mission is to produce players that can play within teams. The last thing you learn is the first thing you forget under match stress and you revert back so the habit you create through repetition is the key. Players who don't train correctly will not achieve .If you develop bad habits both technically and mentally in training you will take these into games when you play. The bigger and stronger players who are born at the start of the year have advantages over others that then are challenged when the techniques of players around them improve, if you cannot pass and control you cannot play to a high level.

Players will need to progress in the Youth age and will gather the need to understand that they don't play in a team but for the team and the **Tactical** needs to develop that concept are required. The older player will need to develop game understanding and game intelligence to understand the functions of the game and moments of the game

We will continue our **Speed, Agility and Quickness** work conducted in the junior academy the **physical** needs of all players will be developed for ongoing performance improvement. The academy syllabus will have game understanding incorporating the Attitude – Intelligence – Awareness (A.I.A.) schemes that are utilised throughout USA and Europe.

Small sided games 6v6 and 8v8 will be developed to give the players opportunity to understand **social and mental** components of the games. We work on the following age specific modules:

ACADEMY AGE -----TRAINING TO TRAIN (12 – 14)

Team Functions taught for each third of the field /Perfection of technical skills
Performance over outcome/ Motor movements for basic techniques mastered
Game maturity from 7v7, 9v9 situation and pictures. Coach instructions on both technical and tactical

YOUTH AGE -----TRAINING TO COMPETE (15 –17)

Position Specific skills/Aerobic Development/Game Coaching with Tactical Emphasis

Team function with Small sided and Full Field Games/Game Maturity
Effective Play and Mental Aspects to Effect Play and Outcomes

Redlands United Goalkeeping Academy

GK academy coaching programs coaches:

Matt Chandler –UEFA B goalkeeping licence holder and DOF Redlands United conducts programs assisted by Premier league GK's

GK Development Program – All levels to include Divisional 1-7 goalkeepers

Thursdays - Starts 4.15 to 5.15 hour program

This program will be introducing the footwork and techniques to young players of all ability's to progress their football into 2012.This program are for Goalkeepers of all levels and abilities. Speed Agility movements will be developed

GK Elite Program –BJL, JPL, Youth –Invitation only

Thursdays - Starts 5.30 - 6.30 hour program

This program is for Elite level GK who are looking to compete at high levels of play. The program will comprise of all components of Goalkeeping and match play understanding and situations. Mental toughness and also Speed Agility movements will be developed. Goalkeeping presentations on GK needs and GK requirements to progress to the highest level possible

Redlands United Football Club Grievance Policy

While everyone involved at RUFC, including committee members, coaches, managers etc, strive to ensure the satisfaction of all players, there will be from time to time occasions where situations eventuate where outcomes are not as desired. To ensure a prompt and efficient response to any grievance, the following process is required to be followed.

The complaint must be made in writing (hard copy or email) and address the following;

- a. Nature of the issue
- b. Name of the person making complaint
- c. Name of the aggrieved person / player (if different from above)
- d. What is the desired outcome?

The complaint must be addressed to the relevant Chairperson, i.e.

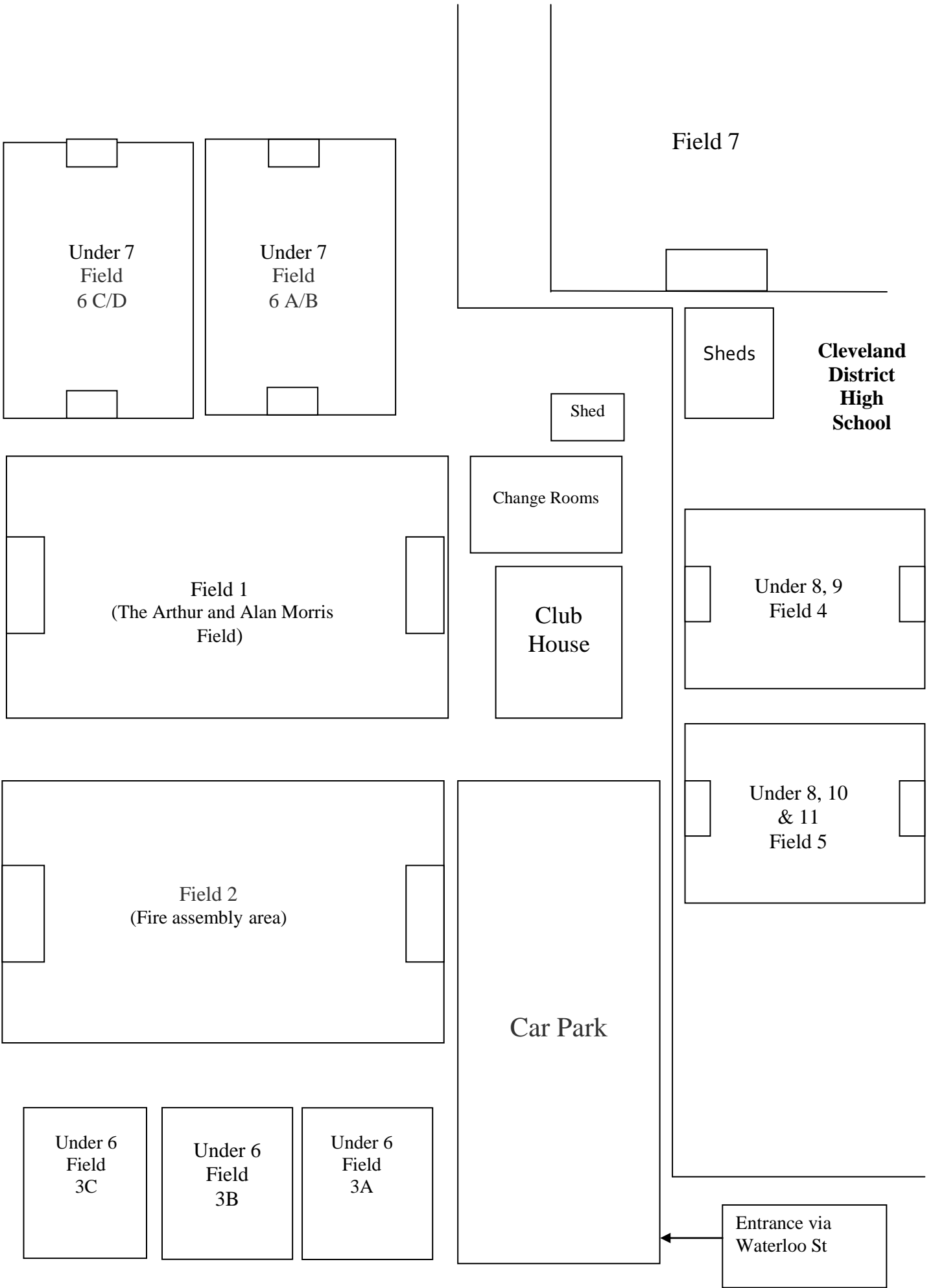
| | |
|-----------------------|--|
| Small Sided Football: | ssfchaiperson@redlandsunited.com.au |
| Junior Football: | junior@redlandsunited.com.au |
| Senior Football: | seniors@redlandsunited.com.au |

Please note: any correspondence that does not outline the above requirements will not be considered, especially anonymous letters.

Grievance forms will be available from the website www.redlandsunited.com.au under documents

Important:

If at any time it is considered that a child's safety or wellbeing is being threatened it MUST be brought to the attention of a team or club official immediately.



Wet Weather

Under 6, 7, and 8

Team managers will be contacted as soon as games have been cancelled parents and players are requested to contact team managers or coaches for confirmation. Due to the high number of teams and players please DO NOT telephone the club this will only tie up the phone lines and delay the Club notifying team managers and coaches.

When training or games are cancelled due to wet weather the web site www.redlandsunited.com.au will be up dated immediately.

Under 9 to U16

Training and Home matches

Team managers will be notified as soon as possible in the case of home games.

Details with regards to the closure of the fields will be available on the clubs web site www.redlandsunited.com.au and a recorded message on the clubs answer machine after 3pm the day before or 7.30am the day of the match.

Away matches

For travelling teams please check the Football Brisbane website www.footballbrisbane.com.au for all ground closures.

This is updated regularly by the staff at FB.

Managers will also receive a call from us if we are advised directly by the other club.

Club Fire Evacuation Procedures

This is the fire evacuation procedures for the clubhouse of Redlands United.

1. Evacuate everybody from the building. Everybody must assemble on field 2.
2. Telephone "000" and ask for the Fire Brigade.
3. Our address is Redlands United Football Club, Off Waterloo Street, Russell St end Cleveland.
4. If the fire is small enough to contain using a fire extinguisher then do so.
5. Have a responsible person go to the main car park gate to wait for the Fire Brigade.
6. Don't be a hero; lives are more valuable than buildings!
7. Under no circumstances are you to re-enter the building.
8. Follow all instructions given by the Fire Brigade.

Club Send-off Procedures

If any player from under 9's up, who plays for Redlands United, is sent off during a game for whatever reason, the player and coach of the team must follow these procedures.

Coaches must notify the club Secretary or Junior Chairman by Monday of any send-off incident.

All players, senior or junior, who are sent off, must front the clubs disciplinary board the following Thursday at 7:00pm or as advised by the Committee.

Team officials and club members who have been sent from the technical area or the surrounds of the field must also follow the above procedure.

Each Manager will receive a more detailed procedure with their team match book.

Fines

For all competition teams the player, team official, parent, or spectator who incurs a fine for breach of conduct will be required to PAY the fine that accompanies the incident.

Injuries

If a player is injured at a home or away match please see a club official and fill in an Incident Report, these are kept on file for future reference. Go to the Football Qld www.footballqueensland.com.au website for complete information on making a claim.

Refund Policy

For ages under 7upwards there will be **NO REFUNDS PROVIDED AFTER FEBUARY 12TH 2012**

In the event that it is a club decision to withdraw a team and there is no alternative for the players then the club will give a full refund less the FB affiliation fees if a match has been played.

If a season ending injury occurs than a partial refund may apply. All requests for a refund must be on a "Request for Refund Form" available from the admin office or the website. A \$35 administration fee applies to all refunds

^These affiliation fees are set by the governing football bodies and vary according to the age groups.

Cancellation of Registration

When de-registering or transferring to another club a cancellation of registration MUST be obtained from the club.

Contact the secretary on 38212831 or secretary@redlandsunited.com.au



Supportive Parents – Getting the most out of sport

Giving your children the opportunity to play sport could be one of the best gifts you ever give them. Consider the benefits:

Health benefits

- Develops a wide range of motor skills e.g. balance, running, catching, kicking, jumping, throwing.
- Improves co-ordination, flexibility, strength and fitness
- Develops healthy and active habits that will influence future lifestyles
- Helps manage a healthy weight
- Encourages healthy growth of developing bodies.

Social benefits

- Improves confidence and self-esteem
- Develops cooperation and teamwork
- Opportunity to have fun and meet friends.

Personal benefits

- Improves concentration skills and ability to manage anxiety and stress
- Increases capacity for learning and productivity
- Develops values such as respect, fair play and personal excellence.

What children want

Children want to have fun, learn new things and be with their friends. Children have a great sporting experience when parents, coaches and officials are positive and supportive.

Children want their parents to:

- Support them and give them encouragement
- Be proud of them, no matter what
- Understand their sport and be interested and involved
- Come and watch them play
- Be realistic about their abilities and skill level.

Children don't want their parents to:

- Embarrass them through abusing coaches, officials or other children
- Yell critical comments during or after the game
- Pressure them to set goals or achievements.

Strategies for game day

Before the game

- Encourage your children to have a go, do their best and have fun!
- Tell them that you are proud of them, no matter what the outcome
- Remind them to treat every person like they would like to be treated.

During the game

- Cheer for your children and recognise good play – even if it's another team member or an opponent. There are other parents watching the game too and they will appreciate your good sportsmanship
- Keep it positive, don't criticise or give instructions from the sidelines



Parents Code of Conduct

1. Remember that children play soccer for their enjoyment, not yours. If a child is reluctant to play, encourage but do not force.
2. Let the coach do his/her job, don't coach from the sideline. The coach does see players in a different light to most spectators.
3. Focus on the player's effort and performance rather than winning or losing.
4. Assist in setting realistic personal goals related to his/her ability.
5. Encourage children to always play according to the laws of the game.
6. Never ridicule or yell at a child for making a mistake or losing a game.
7. Remember that children learn best by example. Applaud good play by both teams.
8. Support all efforts to remove verbal and physical abuse from all sporting activities.
9. Respect officials' decisions and teach children to do likewise.
10. Show your appreciation of volunteer coaches, officials, and administrators. Without them, your child could not participate.
11. Encourage children to recognise the value of honest effort so that the result of each game is accepted without undue disappointment.

Coaches Code of Conduct

1. Remember that children play for the fun and enjoyment and that winning is only part of their motivation.
2. Never ridicule or yell at players for making mistakes.
3. Be reasonable in your demands on your players' time, energy and enthusiasm.
4. Teach your players to play by the rules.
5. Avoid over playing the talented players. The "just average" players need and deserve equal playing time.
6. Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the players.
7. Develop team respect for the ability of opponents and for the judgement of officials and opposing coaches.
8. Follow the advice of a physician when determining when an injured player is ready to recommence training or play.
9. Keep informed of the latest coaching practices and the principles of children's growth and development.
10. Display control, respect, and professionalism to all involved with the sport. Encourage your players to do the same.

Player's Code of Conduct

1. Play for the “love of the game” and not just to please parents and coaches.
2. Work equally hard for yourself and your team. Your team's performance will benefit so will you.
3. Play by the rules.
4. Never argue with an official. If you disagree, have your captain or coach approach the official during a break or after the game.
5. Be a good sport. Applaud all good plays whether they are your team or the opposition.
6. Treat all players as you would like to be treated. Do not interfere with, bully, or take advantage of another player.
7. Control your temper. Verbal abuse of officials or other players or deliberately fouling or provoking an opponent is all unacceptable behaviour.
8. Co-operate with your team officials, team mates, and opponents. Without them there would be no game.
9. Respect the rights, dignity, and worth of every young player regardless of their gender, ability, cultural background, or religion.

Spectator's Code of Conduct

1. Children play organised sports for fun. They do not play for the entertainment of spectators only, nor are they miniature professionals.
2. Applaud good performance and efforts by your team and the opponents. Congratulate both teams upon their performance regardless of the game's outcome.
3. Respect the official's decision and at all times demonstrate appropriate social sporting behaviour. Abide by Ground Officials instructions.
4. Never ridicule or scold a player for making a mistake during a game. Positive comments are motivational.
5. Condemn the use of violence in any form. Support all efforts to remove verbal and physical abuse from all sporting activities.
6. Show respect for the opposing team. Without them there would be no game.
7. Encourage players to play by the rules and the official's decisions.
8. Respect the rights, dignity and worth of every young player regardless of their gender, ability, cultural background or religion.

Zero tolerance to foul language or harassment of players, coaches, or officials.

Volunteers

As Redlands United is such a very large club we could not manage to run it so successfully without our volunteers.

Redlands United Football Club would like to thank all our volunteers who put in time at the club from those who lend a hand for a few minutes to those who volunteer hours and hours of their time.



The information in this booklet is true and correct at the time of printing but may be subject to change due to circumstances outside of the control of Redlands United Football Club.

Notes: